# What is the Afterschool Snack Program?

The Afterschool Snack Program, under the National School Lunch Program (NSLP), provides reimbursement to schools and to residential child care institutions (RCCIs) for snacks they serve to children who are participating in after school programs operated or sponsored by those schools or RCCIs.

# **Benefits of Afterschool Snacks**

- Provide children a nutritional boost after school.
- Help attract kids to supervised activities that are safe, fun and filled with learning. opportunities.
- Counter the childhood obesity epidemic with healthy food and nutrition education.
- Ensure that children are more alert and
- can fully benefit from the educational and enrichment activities you offer.
- Help fund your afterschool program.









#### For more information contact:

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### or visit:

http://opi.mt.gov/Programs/SchoolPrograms/School Nu trition/index.html

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# A Few Quick Facts About **Afterschool Snacks**





The Afterschool Snack Program









# **Eligible Programs**

To be eligible to qualify for reimbursement under the NSLP, after school programs must meet the following criteria:

- The program must be operated or sponsored by a school or a RCCI that operates the National School Lunch Program.
- 2. Maintain a roster or sign-in sheet to document that students are present.
- 3. The program must include education or enrichment activities in organized, structured and supervised environments. Extracurricular activities such as school choir, debate team, drama society, etc. may qualify to participate under this provision only if their basic purpose is to provide after school care.

Competitive interscholastic sports teams are not eligible for an afterschool snack program. However, if an educational or enrichment program includes a supervised athletic activity, it is eligible to participate.

4. All afterschool snack programs must be open to all students, and can not limit participation for reasons other than space or security considerations.

## Reimbursement

Any child at a participating school may purchase a snack through the Afterschool Snack Program. Schools may claim reimbursement for one snack per student per day. Students are eligible to participate through age 18. If the student's nineteenth birthday occurs during the school year, reimbursement may be claimed for that student during the remainder of the school year. Reimbursement may be claimed for individuals, up to age 21, who are determined to have a mental or physical disability or for individuals that have not obtained their diploma or GED and are still working on it.

# Area Eligible vs. Non Area Eligible

A site is **area eligible** if it is located at a school or in the attendance area of a school where at least 50% of the enrolled children are eligible for free and reduced price meals. All children at an area-eligible site receive a snack at no charge.

Sites that are **non area eligible** must use a child's free and reduced-price status to determine reimbursement for the afterschool snack program. If an applicant's eligibility status is not on file, the household must submit a free and reduced-price application to become eligible for free, or reduced price afterschool snacks.

# **Meal Pattern Requirements**

Select two different components from the four listed	Minimum Serving Size	
Milk, fluid	1 cup	
Meat or meat alternate	1 ounce*	*1 ounce of meat/meat alternate is equal it 1 ounce of lean meat, poultry, fish, cheese, nuts or seeds; ½ large egg; ¼ cup
Juice** or fruit or vegetable	¾ cup	cooked beans; 2 Tablespoons of peanut butter; or ½ cup (4 ounces) of yogurt.
Bread and/or cereal:		**Vegetable and fruit juices must be served full strength. Juice may not be served when milk is served as the other
Enriched or whole grain bread <i>or</i> Cold dry cereal <i>or</i> Hot cooked cereal	1 slice ¾ cup*** ½ cup	component.  ***% cup (volume) or 1 ounce (weight), whichever is less









